HOW MY HEART PRACTICES

LOCATE 3RDS:
Em7  Am7  Dm7  G7  Cmaj7  Fmaj7  Bb7  E7  Am

CONNECT 3RDS WITH 4TH OR 7TH:
Em7  Am7  Dm7  G7  Cmaj7  Fmaj7  Bb7  E7  Am

OUTLINE No. 1:
CONNECT 3RDS USING DESCENDING SCALE PATTERN
USE 8VA DISPLACEMENT AFTER STRONG BEATS.
Em7  Am7  Dm7  G7

OUTLINE No. 1 VARIATION:
USE COMBINATION OF 3-5-7-9 ARPEGGIO & DESCENDING SCALE PATTERN
TO CONNECT 3RDS.
THIS PATTERN ALTERNATES BETWEEN ASCENDING 3-5-7-9 ARPEGGIOS &
INVERTED 3-5-7-9 ARPEGGIOS

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OUTLINE No. 1 VARIATION:
USE COMBINATION OF 3-5-7-9 ARPEGGIO &
DESCENDING SCALE PATTERN TO CONNECT 3RDS
THIS PATTERN IS THE INVERSION OF THE PREVIOUS EXERCISE
ALTERNATES BETWEEN INVERTED 3-5-7-9 ARPEGGIOS &
ASCENDING 3-5-7-9 ARPEGGIOS

Cmaj7  Fmaj7  Bø7  E7  Am

OUTLINE No. 2:
1-3-5-7 ARPEGGIO RESOLVES 7TH TO 3RD

Em7  Am7  Dm7  G7

Cmaj7  Fmaj7  Bø7  E7  Am

OUTLINE No. 2:
1-3-5-7 ARPEGGIO RESOLVES 7TH TO 3RD

Em7  Am7  Dm7  G7

Cmaj7  Fmaj7  Bø7  E7  Am

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Outline No. 3: Descending 5-3-1-7 Arpeggio Resolves 7th to 3rd
3-5-7-9 Arpeggio Follows

Em7 Am7 Dm7 G7

Cmaj7 Fmaj7 Bs7 E7 Am

Outline No. 3: 3-5-7-9 Arpeggio Followed by
Outline No. 3 (Descending 5-3-1-7 Arpeggio)

Em7 Am7 Dm7 G7

Cmaj7 Fmaj7 Bs7 E7 Am

Chromatic Approaches & Passing Tones Added to
Outline No. 1:
Mixture of Rhythmic Placement of 3rds

Em7 Am7 Dm7 G7

Cmaj7 Fmaj7 Bs7 E7 Am
CHROMATIC APPROACHES TO EVERY 3RD

Em7  Am7  Dm7  G7

Cmaj7  Fmaj7  Bm7  E7  Am